



Recipe Ingredients and Nutrition

Child's Meal Components

360 - CHILD TOMATO AND HERB PASTA 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
2358 kJ 564.6 kcal	22.39 g	11.89 g	7.77 g	1.51 g
28%	32%	59%	9%	25%

of your daily reference intake.

Nutritional Summary

Energy	2358kJ 564.6kCal
Protein	25.38g
Carbohydrates	64.08g
of which sugars	7.77g
Non Milk Extrinsic Sugars	0g
Fat	22.39g
of which saturates	11.89g
Fibre	3.33g
Salt	1.51g
Sodium	105.61g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	Contains Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Triple Lion Pasta Penne 4x3kg	60.00 g
Knorr Professional Tomato & Basil Sauce 2.2L	60.00 g
Garlic Slices	30.00 g
Grated Mozzarella/Cheddar 70/30	60.00 g

Label Information

Ingredients

Triple Lion Pasta Penne 4x3kg (29%) (Durum **WHEAT** Semolina.). Knorr Professional Tomato & Basil Sauce 2.2L (29%) (Water, tomatoes* (24%), tomato paste* (20%), onions, sugar, glucose-fructose syrup, modified corn starch, basil (1%), sunflower oil, natural basil flavouring, garlic (0.2%), lemon juice concentrate, salt. *Made from sustainably grown ingredients.). Grated **Mozzarella/Cheddar 70/30** (29%) (**mozzarella (MILK)** 70%, **cheddar (MILK)** 30%, anti-caking agent (Potato Starch)). Garlic Slices (14%) (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine [Rapeseed Oil, Palm Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Colour (Carotenes)], Water, Garlic Purée (3.0%), Salt, Yeast, Parsley, Flour treatment agent (Ascorbic Acid), **WHEAT** Flour.).

Method & Recipe Notes

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360 - CHILDS BEANS SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
306kj 72.9 kcal	0.36g	0.09g	4.68g	0.6g
4%	1%	0%	5%	10%

of your daily reference intake.

Nutritional Summary

Energy	306kj 72.9kCal
Protein	4.59g
Carbohydrates	11.07g
of which sugars	4.68g
Non Milk Extrinsic Sugars	0g
Fat	0.36g
of which saturates	0.09g
Fibre	3.33g
Salt	0.6g
Sodium	360g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
CSBC 10031 Baked Beans in Tomato Sauce 2620g	90.00 g

Label Information

Ingredients

CSBC 10031 Baked Beans in Tomato Sauce 2620g (100%) (Haricot Beans (49%), Tomatoes (27%), Water, Sugar, Modified Maize Starch, Salt, Glucose-Fructose Syrup, Onion Powder, Paprika, Flavourings.).

Method & Recipe Notes

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360 - CHILDS CHEESE BURGER 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
1464.2kj 350.64 kcal	19.56g	9.02g	1.78g	1.13g
17%	28%	45%	2%	19%

of your daily reference intake.

Nutritional Summary

Energy	1464.2kj 350.64kCal
Protein	19.05g
Carbohydrates	23.64g
of which sugars	1.78g
Non Milk Extrinsic Sugars	0g
Fat	19.56g
of which saturates	9.02g
Fibre	1.71g
Salt	1.13g
Sodium	311.8g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	Contains Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	May Contain Sesame
Does Not Contain Celery	Contains Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
CSBC 10804 IQF Premium Beef Burger (97%) 2oz	57.00 g
CSBC 10537 MK4 Frozen Floured Bap 4 x 12	50.00 g
CSBC 10590 Mature White Cheddar Cheese Slices	18.00 g

Label Information

Ingredients

CSBC 10804 IQF Premium Beef Burger (97%) 2oz (46%) (Beef (97%) (Beef, Water, Salt), Seasoning (Pea Fibre, Stabiliser (Triphosphates), Salt, **Wheat** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Onion, Dextrose, Pepper, Flavouring (**SOYA**), Antioxidant (Sodium Ascorbate)), Salt.). CSBC 10537 MK4 Frozen Floured Bap 4 x 12 (40%) **Wheat** Flour, (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Sugar, Rapeseed Oil, Flour Treatment Agents (Ascorbic Acid, L Cysteine), Emulsifiers (Mono and Diglycerides of Fatty Acids, Mono and Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids)). CSBC 10590 Mature White **Cheddar Cheese** Slices (14%) (Mature **Cheddar Cheese (MILK)**).

Method & Recipe Notes

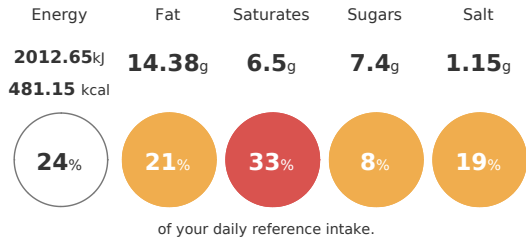
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360 - CHILDS CHEESE PASTA 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:



Nutritional Summary

Energy	2012.65kJ 481.15kCal
Protein	16.6g
Carbohydrates	69.81g
of which sugars	7.4g
Non Milk Extrinsic Sugars	0g
Fat	14.38g
of which saturates	6.5g
Fibre	2.91g
Salt	1.15g
Sodium	105.61g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	Contains Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Contains Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Cheddar Cheese Sauce 12 x 1L	125.00 g
Triple Lion Pasta Penne 4x3kg	60.00 g
Garlic Slices	30.00 g

Label Information

Ingredients

Triple Lion Pasta Penne 4x3kg (28%) (Durum **WHEAT** Semolina.). Garlic Slices (14%) (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine [Rapeseed Oil, Palm Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Colour (Carotenes)], Water, Garlic Purée (3.0%), Salt, Yeast, Parsley, Flour treatment agent (Ascorbic Acid), **WHEAT** Flour.). **Cheddar Cheese** Sauce 12 x 1L (58%) (Reconstituted Skimmed **MILK**, Reconstituted Vegetable Stock [Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Vegetable Oil (Sunflower), Dried Herb], Reconstituted Whole **MILK**, **Cheddar Cheese** (10%) (**MILK**), Modified Starch, **Cheese** Powder (2%) (**MILK**), Vegetable Oil (Palm), Starch, Acidity Regulator (Trisodium Citrate), Emulsifier (**SOYA** Lecithin), Colour (Beta-Carotene).).

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360 - CHILDS CHICKEN NUGGETS SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
606kj 144 kcal	4.3g	1.7g	0.6g	0.6g
7%	6%	9%	1%	10%

of your daily reference intake.

Nutritional Summary

Energy	606kj 144kCal
Protein	15.8g
Carbohydrates	10.5g
of which sugars	0.6g
Non Milk Extrinsic Sugars	0g
Fat	4.3g
of which saturates	1.7g
Fibre	0.5g
Salt	0.6g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: Contains May Contain

Contains Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	Suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Battered Chicken Fillet Bites	100.00 g

Label Information

Ingredients

Battered Chicken Fillet Bites (100%) (Chicken Breast (71%), Water, Modified Tapioca Starch, **WHEAT** Flour, Palm Oil, Maize Starch, Salt, **WHEAT** Starch, Sugar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Garlic Powder, Yeast Extract, Black Pepper, Dextrose, Colour (Paprika Extract)).

Method & Recipe Notes

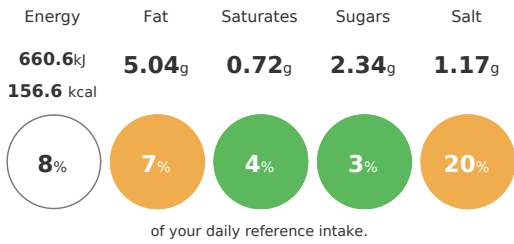
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360 - CHILDS COD GOUJON SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:



Nutritional Summary

Energy	660.6kj 156.6kCal
Protein	9.09g
Carbohydrates	18g
of which sugars	2.34g
Non Milk Extrinsic Sugars	0g
Fat	5.04g
of which saturates	0.72g
Fibre	1.08g
Salt	1.17g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	May Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
May Contain Crustaceans	Does Not Contain Mustard	Contains Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	May Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Whitby MSC Cod Fillet Goujons in Batter 450ge	90.00 g

Label Information

Ingredients

Whitby MSC **Cod** Fillet Goujons in Batter 450ge (100%) (**Cod (FISH)**)(50%), batter (water, **WHEAT** flour [**WHEAT** flour, calcium carbonate, iron, niacin, thiamin], salt, raising agents: E450i, E500ii, **WHEAT** starch, xanthan gum E415), breadcrumbs (**WHEAT** flour [**WHEAT** flour, calcium carbonate, iron, niacin, thiamin], rapeseed oil), rapeseed oil).

Method & Recipe Notes

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360 - CHILDS COD GOUJONS CHIPS PEAS 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.99	£0.99

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
1546.6kj 367.2 kcal	9.05g	1.25g	5.57g	1.35g
18%	13%	6%	6%	23%

of your daily reference intake.

Nutritional Summary

Energy	1546.6kj 367.2kCal
Protein	16.3g
Carbohydrates	51.18g
of which sugars	5.57g
Non Milk Extrinsic Sugars	0g
Fat	9.05g
of which saturates	1.25g
Fibre	7.53g
Salt	1.35g
Sodium	71g
Iron	1.44mg
Calcium	39.6mg
Zinc	1.08mg
Folate	0µg
Vitamin A	0.07µg
Vitamin C	18mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	May Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
May Contain Crustaceans	Does Not Contain Mustard	Contains Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	May Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Whitby MSC Cod Fillet Goujons in Batter 450ge	90.00 g
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	110.00 g
Greens Choice Peas 10 x 1 kg	90.00 g

Label Information

Ingredients

Whitby MSC **Cod** Fillet Goujons in Batter 450ge (31%) (**Cod (FISH)**(50%), batter (water, **WHEAT** flour [**WHEAT** flour, calcium carbonate, iron, niacin, thiamin], salt, raising agents: E450i, E500ii, **WHEAT** starch, xanthan gum E415), breadcrumbs **WHEAT** flour [**WHEAT** flour, calcium carbonate, iron, niacin, thiamin], rapeseed oil), rapeseed oil). Greens Choice Peas 10 x 1 kg (31%) (Peas (100%)). CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (38%) (Potatoes (97%), Sunflower Oil).

Method & Recipe Notes

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360 - CHILDS FRIES 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.09	£0.09

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
625.9kj 148.5 kcal	3.74g	0.44g	0.44g	0.11g
7%	5%	2%	0%	2%

of your daily reference intake.

Nutritional Summary

Energy	625.9kj 148.5kCal
Protein	2.53g
Carbohydrates	25.08g
of which sugars	0.44g
Non Milk Extrinsic Sugars	0g
Fat	3.74g
of which saturates	0.44g
Fibre	2.31g
Salt	0.11g
Sodium	44g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	110.00 g

Label Information

Ingredients

CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (100%) (Potatoes (97%), Sunflower Oil.).

Method & Recipe Notes

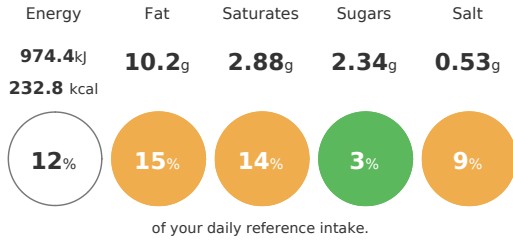
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360 - CHILDS GARLIC BREAD SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:



Nutritional Summary

Energy	974.4kj 232.8kCal
Protein	5.4g
Carbohydrates	28.8g
of which sugars	2.34g
Non Milk Extrinsic Sugars	0g
Fat	10.2g
of which saturates	2.88g
Fibre	2.22g
Salt	0.53g
Sodium	211.2g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	May Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Garlic Slices	60.00 g

Label Information

Ingredients

Garlic Slices (100%) (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine [Rapeseed Oil, Palm Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Colour (Carotenes)], Water, Garlic Purée (3.0%), Salt, Yeast, Parsley, Flour treatment agent (Ascorbic Acid), **WHEAT** Flour.).

Method & Recipe Notes

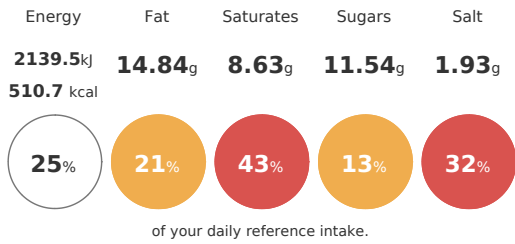
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360 - CHILDS JACKET POTATO CHEESE & BEANS 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:



Nutritional Summary

Energy	2139.5kj 510.7kCal
Protein	23.92g
Carbohydrates	63.81g
of which sugars	11.54g
Non Milk Extrinsic Sugars	0g
Fat	14.84g
of which saturates	8.63g
Fibre	12.94g
Salt	1.93g
Sodium	630g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Does Not Contain Cereal	Contains Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
3 x 10* Extra Large Ready Baked Jacket Potatoes (2.8kg e)	250.00 g
CSBC 10031 Baked Beans in Tomato Sauce 2620g	120.00 g
Grated Mozzarella/Cheddar 70/30	50.00 g

Label Information

Ingredients

Grated **Mozzarella/Cheddar 70/30** (12%) (**mozzarella (MILK)** 70%, **cheddar (MILK)** 30%, anti-caking agent (Potato Starch)). 3 x 10* Extra Large Ready Baked Jacket Potatoes (2.8kg e) (60%) (British Potato (100%)). CSBC 10031 Baked Beans in Tomato Sauce 2620g (29%) (Haricot Beans (49%), Tomatoes (27%), Water, Sugar, Modified Maize Starch, Salt, Glucose-Fructose Syrup, Onion Powder, Paprika, Flavourings.).

Method & Recipe Notes

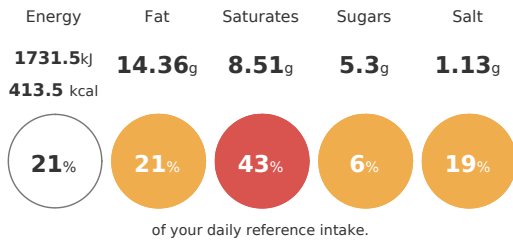
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360 - CHILDS JACKET POTATO CHEESE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:



Nutritional Summary

Energy	1731.5kJ 413.5kCal
Protein	17.8g
Carbohydrates	49.05g
of which sugars	5.3g
Non Milk Extrinsic Sugars	0g
Fat	14.36g
of which saturates	8.51g
Fibre	8.5g
Salt	1.13g
Sodium	112.5g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Does Not Contain Cereal	Contains Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
3 x 10* Extra Large Ready Baked Jacket Potatoes (2.8kg e)	250.00 g
Grated Mozzarella/Cheddar 70/30	50.00 g

Label Information

Ingredients

Grated **Mozzarella/Cheddar 70/30** (17%) (**mozzarella (MILK)** 70%, **cheddar (MILK)** 30%, anti-caking agent (Potato Starch)). 3 x 10* Extra Large Ready Baked Jacket Potatoes (2.8kg e) (83%) (British Potato (100%)).

Method & Recipe Notes

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360 - CHILDS JACKET POTATO SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.19	£0.19

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
1032.5kj 245 kcal	1.25g	0g	5g	0.35g
12%	2%	0%	6%	6%

of your daily reference intake.

Nutritional Summary

Energy	1032.5kj 245kCal
Protein	5.25g
Carbohydrates	48.75g
of which sugars	5g
Non Milk Extrinsic Sugars	0g
Fat	1.25g
of which saturates	0g
Fibre	8.5g
Salt	0.35g
Sodium	150g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
3 x 10* Extra Large Ready Baked Jacket Potatoes (2.8kg e)	250.00 g

Label Information

Ingredients

3 x 10* Extra Large Ready Baked Jacket Potatoes (2.8kg e) (100%) (British Potato (100%)).

Method & Recipe Notes

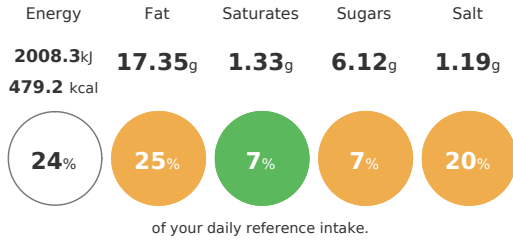
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360 - CHILDS JACKET POTATO TUNA 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:



Nutritional Summary

Energy	2008.3kj 479.2kCal
Protein	25.39g
Carbohydrates	50.92g
of which sugars	6.12g
Non Milk Extrinsic Sugars	0g
Fat	17.35g
of which saturates	1.33g
Fibre	8.61g
Salt	1.19g
Sodium	478.2g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Does Not Contain Cereal	Does Not Contain Milk	Contains Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Contains Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
3 x 10* Extra Large Ready Baked Jacket Potatoes (2.8kg e)	250.00 g
CSBC 11116 Skipjack Tuna Chunks in Brine	80.00 g
CSBC 10057 Real Mayonnaise 5l	35.00 g

Label Information

Ingredients

CSBC 11116 Skipjack **Tuna** Chunks in Brine (22%) (Skipjack **Tuna** (katsuwonus pelamis) (**FISH**), Water, Salt). CSBC 10057 Real Mayonnaise 5l (10%) (Rapeseed Oil, Water, Spirit Vinegar, Stabilisers (Modified Potato Starch, Xanthan Gum), Sugar, Salt, Pasteurised **EGG**, Preservative (Potassium Sorbate)). 3 x 10* Extra Large Ready Baked Jacket Potatoes (2.8kg e) (68%) (British Potato (100%)).

Method & Recipe Notes

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360 - CHILDS PEAS SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.12	£0.12

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
260.1kj 62.1 kcal	0.27g	0.09g	2.79g	0.07g
3%	0%	0%	3%	1%

of your daily reference intake.

Nutritional Summary

Energy	260.1kj 62.1kCal
Protein	4.68g
Carbohydrates	8.1g
of which sugars	2.79g
Non Milk Extrinsic Sugars	0g
Fat	0.27g
of which saturates	0.09g
Fibre	4.14g
Salt	0.07g
Sodium	27g
Iron	1.44mg
Calcium	39.6mg
Zinc	1.08mg
Folate	0µg
Vitamin A	0.07µg
Vitamin C	18mg

Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Greens Choice Peas 10 x 1 kg	90.00 g

Label Information

Ingredients

Greens Choice Peas 10 x 1 kg (100%) (Peas (100%)).

Method & Recipe Notes

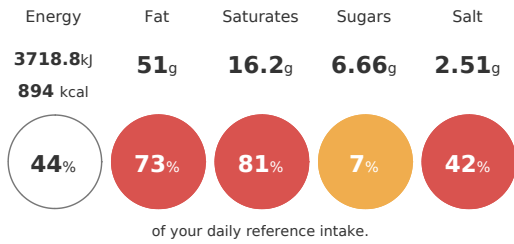
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360 - CHILDS PESTO PASTA 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.35	£0.35

Each serving contains:



Nutritional Summary

Energy	3718.8kj 894kCal
Protein	28.56g
Carbohydrates	77.64g
of which sugars	6.66g
Non Milk Extrinsic Sugars	0g
Fat	51g
of which saturates	16.2g
Fibre	5.04g
Salt	2.51g
Sodium	571.21g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	Contains Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Contains SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Triple Lion Pasta Penne 4x3kg	60.00 g
CSBC 10055 Green Pesto 6 x 1.12kg	60.00 g
Garlic Slices	60.00 g
CSBC 10887 Grated Mozzarella Cheese & Mild Cheddar Cheese Blend	60.00 g

Label Information

Ingredients

Triple Lion Pasta Penne 4x3kg (25%) (Durum **WHEAT** Semolina.). CSBC 10055 Green Pesto 6 x 1.12kg (25%) (Chopped Basil (41%), Rapeseed Oil, Olive Oil, Medium Fat Hard **Cheese (MILK)**, Water, Sugar, Salt, Garlic Purée, Acidity Regulator (Lactic Acid), Potato Powder (**SULPHITES**), Black Pepper.). Garlic Slices (25%) (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine [Rapeseed Oil, Palm Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Colour (Carotenes)], Water, Garlic Purée (3.0%), Salt, Yeast, Parsley, Flour treatment agent (Ascorbic Acid), **WHEAT** Flour.). CSBC 10887 Grated **Mozzarella Cheese & Mild Cheddar Cheese** Blend (25%) (**Mozzarella Cheese (MILK)** (69%), Mild **Cheddar Cheese (MILK)** (29%), Potato Starch.).

Method & Recipe Notes

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360 - CHILDS RICE SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
633kj 149 kcal	0.38g	0.01g	0g	0.14g
8%	1%	0%	0%	2%

of your daily reference intake.

Nutritional Summary

Energy	633kj 149kCal
Protein	2.87g
Carbohydrates	33.2g
of which sugars	0g
Non Milk Extrinsic Sugars	0g
Fat	0.38g
of which saturates	0.01g
Fibre	0.67g
Salt	0.14g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
White rice	100.00 g

Label Information

Ingredients

White rice (100%) (White rice).

Method & Recipe Notes

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360 - CHILDS SWEETCORN SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
280.8kj 66.6 kcal	1.26g	0.36g	7.29g	0.01g
3%	2%	2%	8%	0%

of your daily reference intake.

Nutritional Summary

Energy	280.8kj 66.6kCal
Protein	2.25g
Carbohydrates	10.44g
of which sugars	7.29g
Non Milk Extrinsic Sugars	0g
Fat	1.26g
of which saturates	0.36g
Fibre	2.25g
Salt	0.01g
Sodium	0g
Iron	0.45mg
Calcium	9.9mg
Zinc	0.9mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
CSBC 10030 Frozen Sweetcorn	90.00 g

Label Information

Ingredients

CSBC 10030 Frozen Sweetcorn (100%) (Sweetcorn (100%)).

Method & Recipe Notes

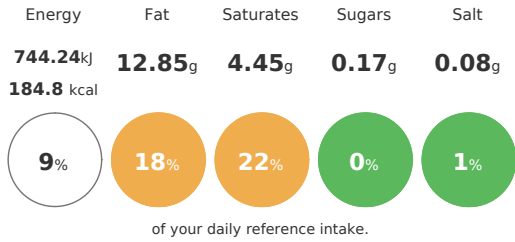
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360 - CHILDS TRIO SAUSAGES 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.17	£0.17

Each serving contains:



Nutritional Summary

Energy	744.24kj 184.8kCal
Protein	8.65g
Carbohydrates	9.32g
of which sugars	0.17g
Non Milk Extrinsic Sugars	0g
Fat	12.85g
of which saturates	4.45g
Fibre	0.34g
Salt	0.08g
Sodium	0.01g
Iron	0.25mg
Calcium	11.76mg
Zinc	0.42mg
Folate	1.68µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Contains Soya	Does Not Contain Molluscs	Contains SO2	

Dietary Information

Key: **Suitable for**

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
PENNY LANE PORK SAUSAGE 4.54 Pork 16s	84.00 g

Label Information

Ingredients

PENNY LANE PORK SAUSAGE 4.54 Pork 16s (100%) (Pork (42%), Water, Rusk **WHEAT**), Mechanically recovered chicken, Vegetable starch, Pork fat, Salt, **WHEAT** flour (Contains Calcium Carbonate, Iron, Niacin, Vitamin B1), Dextrose, Stabiliser (Sodium Tri-polyphosphate (E451i)), Flavour enhancer (Monosodium Glutamate (E621)), Preservative (Sodium **SULPHITE** (E221)), Hydrolysed vegetable protein (**SOYA**), Antioxidant: Ascorbic Acid (E300), Spice extracts.).

Method & Recipe Notes

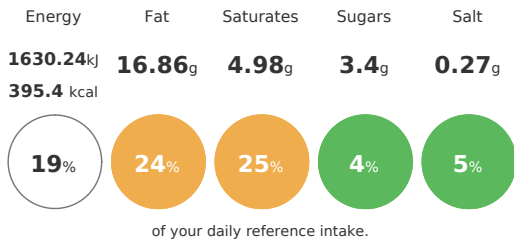
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360 - CHILDS TRIO SAUSAGES CHIPS BEAN 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:



Nutritional Summary

Energy	1630.24kJ 395.4kCal
Protein	15.86g
Carbohydrates	42.5g
of which sugars	3.4g
Non Milk Extrinsic Sugars	0g
Fat	16.86g
of which saturates	4.98g
Fibre	6.79g
Salt	0.27g
Sodium	71.01g
Iron	1.69mg
Calcium	51.36mg
Zinc	1.5mg
Folate	1.68µg
Vitamin A	0.07µg
Vitamin C	18mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Contains Soya	Does Not Contain Molluscs	Contains SO2	

Dietary Information

Key: **Suitable for**

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	110.00 g
Greens Choice Peas 10 x 1 kg	90.00 g
PENNY LANE PORK SAUSAGE 4.54 Pork 16s	84.00 g

Label Information

Ingredients

Greens Choice Peas 10 x 1 kg (32%) (Peas (100%)). PENNY LANE PORK SAUSAGE 4.54 Pork 16s (30%) (Pork (42%), Water, Rusk**WHEAT**), Mechanically recovered chicken, Vegetable starch, Pork fat, Salt, **WHEAT** flour (Contains Calcium Carbonate, Iron, Niacin, Vitamin B1), Dextrose, Stabiliser (Sodium Triphosphate (E451i)), Flavour enhancer (Monosodium Glutamate (E621)), Preservative (Sodium **SULPHITE** (E221)), Hydrolysed vegetable protein (**SOYA**), Antioxidant: Ascorbic Acid (E300), Spice extracts.). CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (39%) (Potatoes (97%), Sunflower Oil.).

Method & Recipe Notes

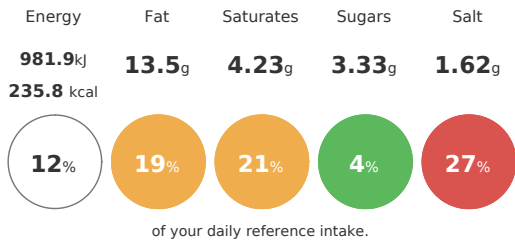
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360 - CHILDS VEGAN STRIPS SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:



Nutritional Summary

Energy	981.9kj 235.8kCal
Protein	7.74g
Carbohydrates	18.9g
of which sugars	3.33g
Non Milk Extrinsic Sugars	0g
Fat	13.5g
of which saturates	4.23g
Fibre	4.95g
Salt	1.62g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal	May Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Contains Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	Suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Vegan Chick'n Strips	90.00 g

Label Information

Ingredients

Vegan Chick'n Strips (100%) (Rehydrated Pea Protein (30%), Water, **WHEAT** Flour, Oil (Palm, Rapeseed, Sunflower), Thickeners (Calcium Alginate, Methyl Cellulose), Plant Fibre (contains **WHEAT**), Flavouring, **WHEAT** Gluten, Starch (Pea, Maize), Yeast Extract, Salt, Raising Agents (Sodium Carbonates, Diphosphates), Spice Extracts (Paprika, Pepper), Modified Tapioca Starch, Vegetable Powder (Garlic, Onion), Spices (contains **CELERY**), Dextrose, Yeast.).

Method & Recipe Notes

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360 - CHILDS VEGETABLE NUGGETS SIDE 24

Serves	Total Recipe Cost	Cost Per Serving
100	£0.00	£0.00

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
617.25kj 147.75 kcal	6.9g	0.68g	2.93g	0.4g
7%	10%	3%	3%	7%

of your daily reference intake.

Nutritional Summary

Energy	617.25kj 147.75kCal
Protein	2.33g
Carbohydrates	18g
of which sugars	2.93g
Non Milk Extrinsic Sugars	0g
Fat	6.9g
of which saturates	0.68g
Fibre	2.03g
Salt	0.4g
Sodium	159g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Allergy Information

Key: Contains May Contain

Contains Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts
Does Not Contain Crustaceans	Does Not Contain Mustard	Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame
Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2	

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	Suitable for Halal

Sub-allergy Information

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No		
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No		
Pistachio Nuts:	No		

Ingredients

Product	Quantity
Vegetable Nuggets	75.00 g

Label Information

Ingredients

Vegetable Nuggets (100%) (Vegetables (46%) [Carrot, Sweetcorn, Green Beans, Cauliflower, Potato], Breadcrumbs (19%) [Fortified **Wheat** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Yeast, Salt, Flour Treatment Agent (Ascorbic Acid), Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids)], Water, Vegetable Oils (Sunflower, Rapeseed) in varying proportions, Fortified **Wheat** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Dehydrated Potato, Salt, Thickener (Hydroxypropyl Methyl Cellulose), **WHEAT** Starch, Flavouring, Maltodextrin, White Pepper, Sugar, Yeast Extract, Onion Powder, Carrot Powder, Acid (Citric Acid), Parsley, Turmeric, Colour (Paprika Extract).).

Method & Recipe Notes

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