



Recipe Ingredients and Nutrition

Loaded Fries Items

Ingredients

Product	Quantity
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	200.00 g
Rindless back bacon with added water	100.00 g
Grated Mozzarella/Cheddar 70/30	30.00 g

Serves: 1

Allergy Information

Key: Contains May Contain


Does Not Contain Cereal


Contains Milk


Does Not Contain Eggs


Does Not Contain Peanuts


Does Not Contain Nuts


Does Not Contain Crustaceans


Does Not Contain Mustard


Does Not Contain Fish


Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Does Not Contain Soya


Does Not Contain Molluscs


Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

Dietary Information

Key: Suitable for


May not be suitable for Vegetarian


May not be suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal

Label Information

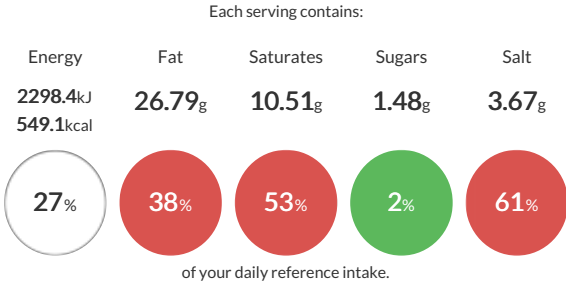
Ingredients
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (61%) (Potatoes (97%), Sunflower Oil.). Rindless back bacon with added water (30%) (Pork 85% Water Salt, Preservatives Sodium Nitrite E250 Potassium Nitrate E252 Antioxidant Sodium Ascorbate E301). Grated **Mozzarella/Cheddar** 70/30 (9%) (**mozzarella (MILK)** 70%, **cheddar (MILK)** 30%, anti-caking agent (Potato Starch)).

Method & Recipe Notes

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Reference Intake



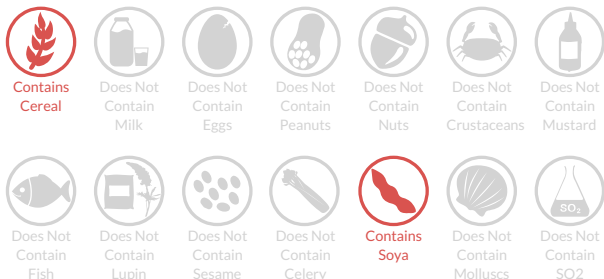
Nutritional Summary

Energy	2298.4kJ 549.1kCal
Protein	29.33g
Carbohydrates	46.28g
of which sugars	1.48g
Non Milk Extrinsic Sugars	0g
Fat	26.79g
of which saturates	10.51g
Fibre	4.2g
Salt	3.67g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Product	Quantity
Ben's Original Katsu Curry Cooking Sauce 2 x 2.23kg	40.00 g
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	200.00 g
Salt & Pepper Crispy Shredded Chicken Breast	65.00 g

Allergy Information

Key: **Contains** **May Contain**



Almond Nuts:	No
Hazelnuts:	No
Walnuts:	No
Cashew Nuts:	No
Pecan Nuts:	No
Brazil Nuts:	No
Pistachio Nuts:	No

Wheat:	Yes
Rye:	No
Spelt:	No
Oats:	No
Barley:	No
Kamut:	No

Dietary Information

Key: Suitable for



Label Information

Ingredients

CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (66%) (Potatoes (97%), Sunflower Oil.), Salt & Pepper Crispy Shredded Chicken Breast (21%) (Chicken Breast (73%), **WHEAT** Flour, Water, Modified Tapioca Starch, Palm Oil, Salt, Spices, Onion, Maize Starch, Garlic, Raising Agents (Diphosphate, Sodium Carbonate), Tapioca Starch, Spice Extracts (Black Pepper, Paprika, Capsicum), Sugar, Stabiliser (Sodium Triphosphates), Yeast, Yeast Extract, Thickener (Xanthan Gum).), Ben's Original Katsu Curry Cooking Sauce 2 x 2.23kg (13%) (Water, Modified Maize Starch, Sunflower Oil, Coconut (3.0%), Sugar, **SOY** Sauce (Trifoliate, **SOY** Beans, Salt, **WHEAT**), Curry Powder, Spices, Red Pepper (1.0%), Natural Flavouring, Dehydrated Vegetables (Carrot) (0.5%), Acidity Regulator (Lactic Acid, Salt).)

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Reference Intake

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
2140.7kJ 509.85kcal	20.7 _g	6.1 _g	2.53 _g	1.41 _g
25%	30%	31%	3%	24%

of your daily reference intake.

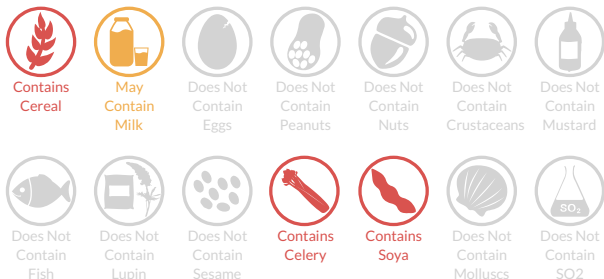
Nutritional Summary

Energy	2140.7kJ 509.85kCal
Protein	17.35g
Carbohydrates	61.31g
of which sugars	2.53g
Non Milk Extrinsic Sugars	0g
Fat	20.7g
of which saturates	6.1g
Fibre	5.05g
Salt	1.41g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Product	Quantity
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	200.00 g
Ben's Original Katsu Curry Cooking Sauce 2 x 2.23kg	40.00 g
Vegan Chick'n Strips	70.00 g

Allergy Information

Key: **Contains** **May Contain**



Almond Nuts:	No
Hazelnuts:	No
Walnuts:	No
Cashew Nuts:	No
Pecan Nuts:	No
Brazil Nuts:	No
Pistachio Nuts:	No

Wheat:	Yes
Rye:	No
Spelt:	No
Oats:	No
Barley:	No
Kamut:	No

Dietary Information

Key: Suitable for



Label Information

Ingredients

CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (65%) (Potatoes (97%), Sunflower Oil.). Vegan Chick'n Strips (23%) (Rehydrated Pea Protein (30%), Water, **WHEAT** Flour, Oil (Palm, Rapeseed, Sunflower), Thickeners (Calcium Alginate, Methyl Cellulose), Plant Fibre (contains **WHEAT**), Flavouring, **WHEAT** Gluten, Starch (Pea, Maize), Yeast Extract, Salt, Raising Agents (Sodium Carbonates, Diphosphates), Spice Extracts (Paprika, Pepper), Modified Tapioca Starch, Vegetable Powder (Garlic, Onion), Spices (contains **CELERY**), Dextrose, Yeast.). Ben's Original Katsu Curry Cooking Sauce 2 x 2.23kg (13%) (Water, Modified Maize Starch, Sunflower Oil, Coconut (3.0%), Sugar, **SOY** Sauce (Water, **SOY** Beans, Salt, **WHEAT**), Curry Powder, Spices, Red Pepper (1.0%), Natural Flavouring, Dehydrated Vegetables (Carrot) (0.5%), Acidity Regulator (Lactic Acid, Salt.).

Method & Recipe Notes

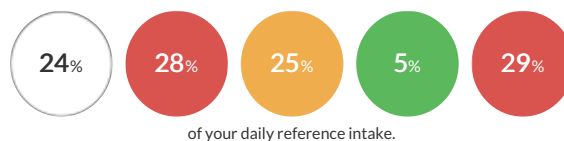
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Reference Intake

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
2052.9kJ 489.8kcal	19.5g	4.97g	4.79g	1.76g



Nutritional Summary

Energy	2052.9kJ 489.8kCal
Protein	11.02g
Carbohydrates	63.66g
of which sugars	4.79g
Non Milk Extrinsic Sugars	0g
Fat	19.5g
of which saturates	4.97g
Fibre	8.57g
Salt	1.76g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Product	Quantity
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	200.00 g
Salt & Pepper Crispy Shredded Chicken Breast	65.00 g
Grated Mozzarella/Cheddar 70/30	30.00 g
South Carolina Style Mustard BBQ Sauce - Component 1	15.00 g

Allergy Information

						
Contains Cereal	Contains Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Contains Mustard
						
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO ₂

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (65%) (Potatoes (97%), Sunflower Oil.). Salt & Pepper Crispy Shredded Chicken Breast (21%) (Chicken Breast (73%), **WHEAT** Flour, Water, Modified Tapioca Starch, Palm Oil, Salt, Spices, Onion, Maize Starch, Garlic, Raising Agents (Diphosphate, Sodium Carbonate), Tapioca Starch, Spice Extracts (Black Pepper, Paprika, Capsicum), Sugar, Stabiliser (Sodium Triphosphates), Yeast, Yeast Extract, Thickener (Xanthan Gum)). Grated **Mozzarella**/**Cheddar** 70/30 (10%) (**mozzarella** (**MILK**) 70%, **cheddar** (**MILK**) 30%, anti-caking agent (Potato Starch)). South Carolina Style **Mustard** BBQ Sauce - Component 1 (5%) (**MUSTARD** (25%) (Water, Spirit Vinegar, **MUSTARD** Seeds, Salt, Spice, Caramel Sugar, Natural Flavouring), Sugar, Cider Vinegar, Water, Rapeseed Oil, Dark Brown Sugar, Apple Concentrate, Modified Maize Starch, Salt, Spirit Vinegar, Fibre (Citrus, Psyllium, Acacia): Spices, Preservative: Potassium Sorbate. Stabiliser: Xanthan Gum. Colour: Paprika.).

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Energy	Fat	Saturates	Sugars	Salt
2560.1kJ 610.55kcal	28.06g	10.44g	5.61g	1.76g
30%	40%	52%	6%	29%
of your daily reference intake.				

Energy	2560.1kJ 610.55kCal
Protein	24.66g
Carbohydrates	62.44g
of which sugars	5.61g
Non Milk Extrinsic Sugars	0g
Fat	28.06g
of which saturates	10.44g
Fibre	4.53g
Salt	1.76g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

Ingredients

Product	Quantity
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	200.00 g
Vegan Chick'n Strips	70.00 g
South Carolina Style Mustard BBQ Sauce - Component 1	15.00 g
Violife Grated with Mozzarella Flavour	30.00 g

Serves: 1

Allergy Information

Key: Contains May Contain


Contains Cereal


May Contain Milk


Does Not Contain Eggs


Does Not Contain Peanuts


Does Not Contain Nuts


Does Not Contain Crustaceans


Contains Mustard


Does Not Contain Fish


Does Not Contain Lupin


Does Not Contain Sesame


Contains Celery


Does Not Contain Soya


Does Not Contain Molluscs


Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

Dietary Information

Key: Suitable for


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Ingredients

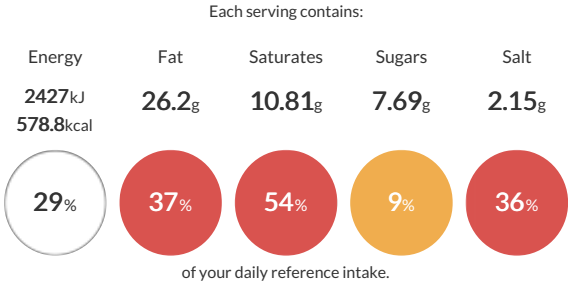
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Nutritional Summary

Energy	2427kJ 578.8kCal
Protein	10.8g
Carbohydrates	70.9g
of which sugars	7.69g
Non Milk Extrinsic Sugars	0g
Fat	26.2g
of which saturates	10.81g
Fibre	8.05g
Salt	2.15g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg