



# Recipe Ingredients and Nutrition

## Contents - Pizza

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# 360 - PIZZA - CHICKEN AND SWEETCORN

## Ingredients

Product	Quantity
PIZZA	420.00 g
CSBC 10272 Frozen Chicken Breast Strips 12mm (4 x 2.5kg)	100.00 g
CSBC 10030 Frozen Sweetcorn	50.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

<b>Contains</b> Cereal	<b>Contains</b> Milk	<b>May Contain</b> Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	<b>May Contain</b> Soya	Does Not Contain Molluscs	Does Not Contain SO2

### Nuts:

Almond Nuts:	No
Hazelnuts:	No
Walnuts:	No
Cashew Nuts:	No
Pecan Nuts:	No
Brazil Nuts:	No
Pistachio Nuts:	No

### Cereals:

Wheat:	Yes
Rye:	No
Spelt:	No
Oats:	No
Barley:	No
Kamut:	No

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

PIZZA (74%) (Dough (Wheat flour, water, yeast, salt, olive oil), **Mozzarella Cheese** (Milk, salt, rennet, Cheese cultures), tomato sauce (tomato pulpe, tomato puree, water, olive oil, salt, basil, oregano, black pepper, garlic). CSBC 10272 Frozen Chicken Breast Strips 12mm (4 x 2.5kg) (18%) (Chicken, Salt Made with 114g of raw chicken per 100g of finished product). CSBC 10030 Frozen Sweetcorn (9%) (Sweetcorn (100%)).

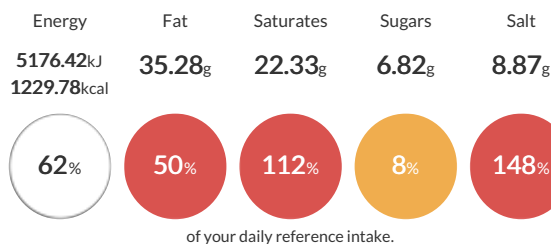
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	5176.42kJ 1229.78kCal
Protein	82.06g
Carbohydrates	138.98g
of which sugars	6.82g
Non Milk Extrinsic Sugars	0g
Fat	35.28g
of which saturates	22.33g
Fibre	14.03g
Salt	8.87g
Sodium	0.27g
Iron	0.25mg
Calcium	5.5mg
Zinc	0.5mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - PIZZA - CHICKEN TIKKA

## Ingredients

Product	Quantity
PIZZA	420.00 g
CHICKEN TIKKA	0.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	May Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

PIZZA (100%) (Dough (Wheat flour, water, yeast, salt, olive oil), **Mozzarella Cheese** (Milk, salt, rennet, Cheese cultures), tomato sauce (tomato pulpe, tomato puree, water, olive oil, salt, basil, oregano, black pepper, garlic). CHICKEN TIKKA (0%) (Cooked Diced Chicken Breast (Chicken Breast 99%, Salt), Tikka Glaze 7.9% (Dextrose, Sugar, Salt, Rice flour, **Spices** (Cumin, Turmeric, Coriander), Modified Maize Starch, Garlic Powder, Paprika Extract, Acid E330, Colour E150a, Vinegar.).

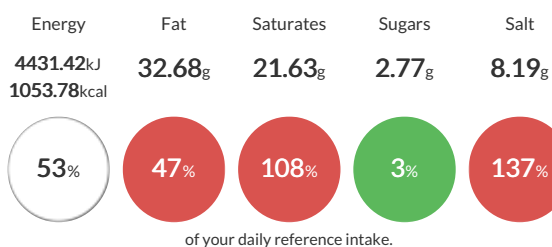
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	4431.42kJ 1053.78kCal
Protein	50.61g
Carbohydrates	133.18g
of which sugars	2.77g
Non Milk Extrinsic Sugars	0g
Fat	32.68g
of which saturates	21.63g
Fibre	12.18g
Salt	8.19g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - PIZZA - EXTRA CHEESY BBQ

## Ingredients

Product	Quantity
PIZZA	420.00 g
CSBC 10370 Shredded Mozzarella Cheese/Cheddar Cheese 70%/30%	100.00 g
CSBC 10082 Sticky BBQ Sauce 2.27L	50.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	May Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Contains SO <sub>2</sub>

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

PIZZA (74%) (Dough (Wheat flour, water, yeast, salt, olive oil), **Mozzarella Cheese (Milk, salt, rennet, Cheese cultures)**, tomato sauce (tomato pulpe, tomato puree, water, olive oil, salt, basil, oregano, black pepper, garlic). CSBC 10370 Shredded Mozzarella Cheese/**Cheddar Cheese 70%/30% (18%) (Mozzarella Cheese (70%) (MILK), Cheddar Cheese (30%) (MILK)**), Anti-Caking Agent (Potato Starch)). CSBC 10082 Sticky BBQ Sauce 2.27L (9%) (Water, Sugar, Tomato Paste, Spirit Vinegar, Glucose-Fructose Syrup, Modified Maize Starch, Bramley Apple Puree (contains Preservative (**SODIUM METABISULPHITE**)), Salt, Apple Juice Concentrate, Acidity Regulator (Acetic Acid), Colour (Ammonia Caramel), Smoke Flavourings, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Paprika, Dried Garlic, Dried Onion, Black Pepper, Cayenne Pepper).

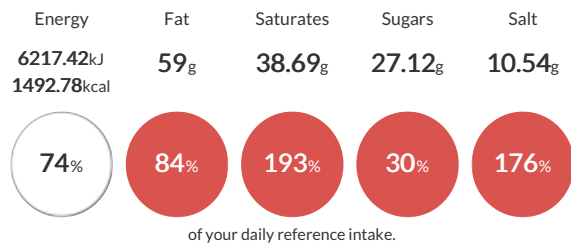
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	6217.42kJ 1492.78kCal
Protein	76.16g
Carbohydrates	158.13g
of which sugars	27.12g
Non Milk Extrinsic Sugars	0g
Fat	59g
of which saturates	38.69g
Fibre	12.88g
Salt	10.54g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - PIZZA - HAWAIIAN

## Ingredients

Product	Quantity
PIZZA	420.00 g
PIZZA HAM	75.00 g
Dole Pineapple Slices in Syrup 6 x 836g	100.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	May Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	May Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	May Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

PIZZA (71%) (Dough (Wheat flour, water, yeast, salt, olive oil), **Mozzarella Cheese (Milk, salt, rennet, Cheese cultures)**, tomato sauce (tomato pulpe, tomato puree, water, olive oil, salt, basil, oregano, black pepper, garlic). Dole Pineapple Slices in Syrup 6 x 836g (17%) (Pineapple Slices, Water, Sugar, Acidity regulator - Citric Acid). PIZZA HAM (13%) (Pork (70%), Water, Salt, Potato Starch, Dextrose, Stabilisers (E407, E450, E451), Honey, Antioxidant (E301), Haemoglobin powder, Preservative (E250)).

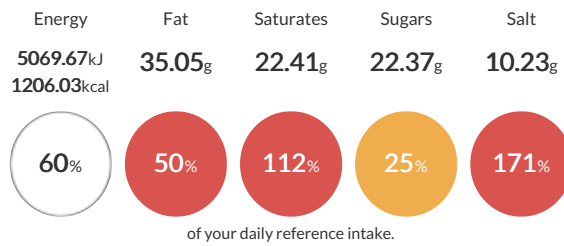
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	5069.67kJ 1206.03kCal
Protein	62.51g
Carbohydrates	154.8g
of which sugars	22.37g
Non Milk Extrinsic Sugars	0g
Fat	35.05g
of which saturates	22.41g
Fibre	13.18g
Salt	10.23g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	10.2mg

# 360 - PIZZA - MARGHERITA

## Ingredients

Product: PIZZA  
Quantity: 420.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	May Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

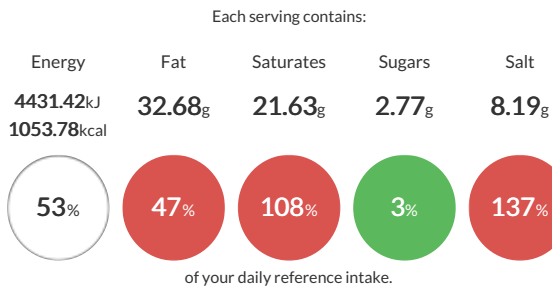
**Ingredients**  
PIZZA (100%) (Dough (Wheat flour, water, yeast, salt, olive oil), **Mozzarella Cheese** (Milk, salt, rennet, Cheese cultures), tomato sauce (tomato pulpe, tomato puree, water, olive oil, salt, basil, oregano, black pepper, garlic).)

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## Reference Intake



## Nutritional Summary

Energy	4431.42kJ 1053.78kCal
Protein	50.61g
Carbohydrates	133.18g
of which sugars	2.77g
Non Milk Extrinsic Sugars	0g
Fat	32.68g
of which saturates	21.63g
Fibre	12.18g
Salt	8.19g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - PIZZA - MEAT LOVER

## Ingredients

Product	Quantity
PIZZA	420.00 g
PEPPERONI	75.00 g
HONEY ROAST HAM	40.00 g
SPICY BEEF	40.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	May Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	May Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	May Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

PIZZA (73%) (Dough (Wheat flour, water, yeast, salt, olive oil), **Mozzarella Cheese** (Milk, salt, rennet, Cheese cultures), tomato sauce (tomato pulpe, tomato puree, water, olive oil, salt, basil, oregano, black pepper, garlic). PEPPERONI (13%) (Chicken, Beef fat, Beef, Salt, Spices and spice extracts, Dextrose, Sugar, Antioxidants (rosemary Extract), Acidity regulator (E 331), Starter Culture, Preservative (E 250)). HONEY ROAST HAM (7%) (Pork (70%), Water, Salt, Potato Starch, Dextrose, Stabilisers (E407, E450, E451), Honey, Antioxidant (E301), Haemoglobin powder, Preservative (E250)). SPICY BEEF (7%) (Beef (83%), water, breadcrumbs (**WHEAT flour**, salt, yeast), salt, pepper.).

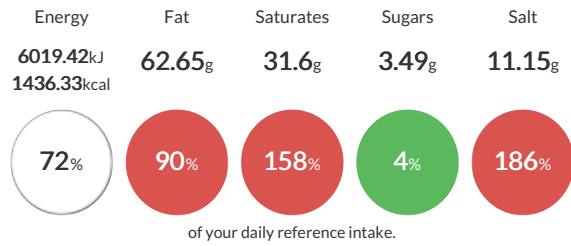
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	6019.42kJ 1436.33kCal
Protein	75.09g
Carbohydrates	135.86g
of which sugars	3.49g
Non Milk Extrinsic Sugars	0g
Fat	62.65g
of which saturates	31.6g
Fibre	13.4g
Salt	11.15g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - PIZZA - PEPPERONI

## Ingredients

Product	Quantity
PIZZA	420.00 g
PEPPERONI	100.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	May Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	May Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

PIZZA (81%) (Dough (Wheat flour, water, yeast, salt, olive oil), **Mozzarella Cheese** (Milk, salt, rennet, Cheese cultures), tomato sauce (tomato pulpe, tomato puree, water, olive oil, salt, basil, oregano, black pepper, garlic). PEPPERONI (19%) (Chicken, Beef fat, Beef, Salt, Spices and spice extracts, Dextrose, Sugar, Antioxidants (rosemary Extract), Acidity regulator (E 331), Starter Culture, Preservative (E 250)).

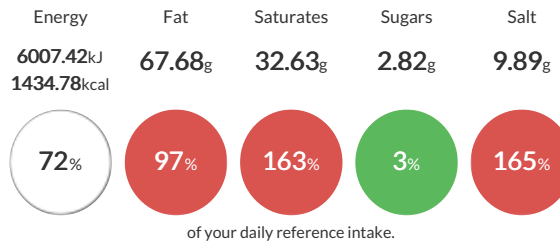
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	6007.42kJ 1434.78kCal
Protein	66.61g
Carbohydrates	133.23g
of which sugars	2.82g
Non Milk Extrinsic Sugars	0g
Fat	67.68g
of which saturates	32.63g
Fibre	12.18g
Salt	9.89g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg



# 360 - PIZZA - VEGETARIAN

## Ingredients

Product	Quantity
PIZZA	420.00 g
Mix of Chargrilled Vegetables 5 x 1 kg	175.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	May Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

PIZZA (71%) (Dough (Wheat flour, water, yeast, salt, olive oil), **Mozzarella Cheese** (Milk, salt, rennet, Cheese cultures), tomato sauce (tomato pulpe, tomato puree, water, olive oil, salt, basil, oregano, black pepper, garlic.)). Mix of Chargrilled Vegetables 5 x 1 kg (29%) (Peppers 33.3% Courgettes 33.3% Aubergines 33.3%).

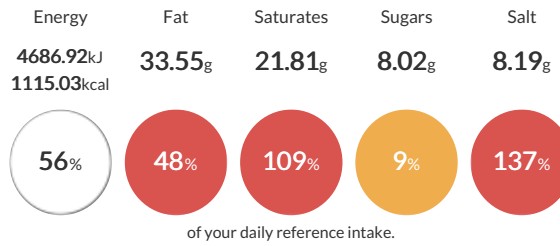
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	4686.92kJ 1115.03kCal
Protein	53.59g
Carbohydrates	140.53g
of which sugars	8.02g
Non Milk Extrinsic Sugars	0g
Fat	33.55g
of which saturates	21.81g
Fibre	12.18g
Salt	8.19g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg