



# Recipe Ingredients and Nutrition

## Contents - Family Sharing

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# 360 - FRIES BBQ CHICKEN CHEESE

## Ingredients

Product	Quantity
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	240.00 g
CSBC 10370 Shredded Mozzarella Cheese/Cheddar Cheese 70%/30%	50.00 g
CSBC 10272 Frozen Chicken Breast Strips 12mm (4 x 2.5kg)	55.00 g
Sticky BBQ Sauce	25.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	<b>Contains Milk</b>	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

### Nuts:

Almond Nuts:	No
Hazelnuts:	No
Walnuts:	No
Cashew Nuts:	No
Pecan Nuts:	No
Brazil Nuts:	No
Pistachio Nuts:	No

### Cereals:

Wheat:	No
Rye:	No
Spelt:	No
Oats:	No
Barley:	No
Kamut:	No

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

## Label Information

### Ingredients

CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (65%) (Potatoes (97%), Sunflower Oil). CSBC 10272 Frozen Chicken Breast Strips 12mm (4 x 2.5kg) (15%) (Chicken, Salt Made with 114g of raw chicken per 100g of finished product). CSBC 10370 Shredded Mozzarella Cheese/Cheddar Cheese 70%/30% (14%) (Mozzarella Cheese (70%) (MILK), Cheddar Cheese (30%) (MILK), Anti-Caking Agent (Potato Starch)). Sticky BBQ Sauce (7%) (Water, Sugar, Spirit Vinegar, Tomato Paste, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Apple Juice Concentrate, Caramelised Sugar Syrup, Acidity Regulator (Acetic Acid, Citric Acid), Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Smoke Flavourings, Dried Onion, Dried Garlic, Paprika, Black Pepper, Cayenne Pepper).

## Method & Recipe Notes

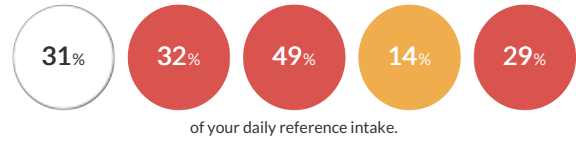
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## Reference Intake

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
2588.8kJ 621.2kcal	22.34g	9.74g	12.36g	1.73g



## Nutritional Summary

Energy	2588.8kJ 621.2kCal
Protein	34.88g
Carbohydrates	67.32g
of which sugars	12.36g
Non Milk Extrinsic Sugars	0g
Fat	22.34g
of which saturates	9.74g
Fibre	5.52g
Salt	1.73g
Sodium	0.15g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - FRIES TOPPED CHEESE

## Ingredients

Product	Quantity
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	240.00 g
CSBC 10370 Shredded Mozzarella Cheese/Cheddar Cheese 70%/30%	50.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	<b>Contains Milk</b>	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

### Nuts:

Almond Nuts:	No
Hazelnuts:	No
Walnuts:	No
Cashew Nuts:	No
Pecan Nuts:	No
Brazil Nuts:	No
Pistachio Nuts:	No

### Cereals:

Wheat:	No
Rye:	No
Spelt:	No
Oats:	No
Barley:	No
Kamut:	No

**Gluten Content:**  
Gluten < 20ppm

## Dietary Information

Key: Suitable for

Suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (83%) (Potatoes (97%), Sunflower Oil.), CSBC 10370 Shredded Mozzarella Cheese/Cheddar Cheese 70%/30% (17%) (Mozzarella Cheese (70%) (MILK), Cheddar Cheese (30%) (MILK), Anti-Caking Agent (Potato Starch)).

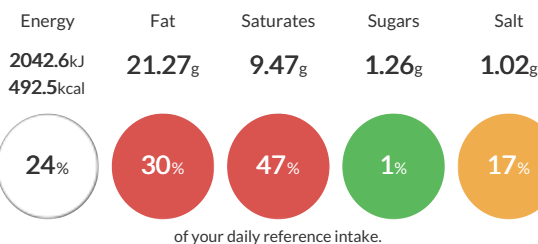
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	2042.6kJ 492.5kCal
Protein	18.07g
Carbohydrates	55.02g
of which sugars	1.26g
Non Milk Extrinsic Sugars	0g
Fat	21.27g
of which saturates	9.47g
Fibre	5.04g
Salt	1.02g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - FRIES WITH GRAVY

## Ingredients

Product	Quantity
Knorr Gluten Free Gravy Granules for Meat Dishes 25L	100.00 g
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	240.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No	<b>Gluten Content:</b> Gluten < 20ppm	

## Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (71%) (Potatoes (97%), Sunflower Oil). Knorr Gluten Free Gravy Granules for Meat Dishes 25L (29%) (Maltodextrin, potato starch, salt, sugar, flavourings, yeast extract, vegetables (onion powder, tomato puree powder), caramel syrup, palm fat, thickener (guar gum), sunflower oil, sage).

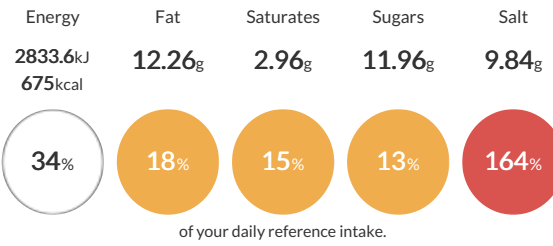
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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	2833.6kJ 675kCal
Protein	12.12g
Carbohydrates	124.72g
of which sugars	11.96g
Non Milk Extrinsic Sugars	0g
Fat	12.26g
of which saturates	2.96g
Fibre	7.44g
Salt	9.84g
Sodium	3.84g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

### Ingredients

**Product**  
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries

**Quantity**  
240.00 g

Serves: 1

### Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

**Gluten Content:**  
Gluten < 20ppm

### Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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### Label Information

**Ingredients**

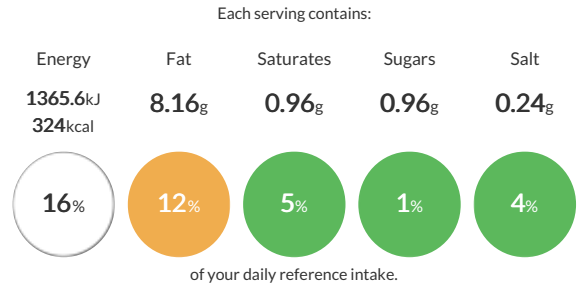
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (100%) (Potatoes (97%), Sunflower Oil).

### Method & Recipe Notes

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### Reference Intake



### Nutritional Summary

Energy	1365.6kJ 324kCal
Protein	5.52g
Carbohydrates	54.72g
of which sugars	0.96g
Non Milk Extrinsic Sugars	0g
Fat	8.16g
of which saturates	0.96g
Fibre	5.04g
Salt	0.24g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

### Ingredients

Product	Quantity
CSBC 10370 Shredded Mozzarella Cheese/Cheddar Cheese 70%/30%	120.00 g
Set Sour Cream - 1x 5kg	80.00 g
Supreme Guacamole	80.00 g
Uncle Ben's Mexican Salsa Sauce 2 x 2.23 kg	80.00 g
Dorito's Tortilla Chips	125.00 g

Serves: 1

### Allergy Information

Key: Contains May Contain

May Contain Cereal	Contains Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	May
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	May
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

### Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal

### Label Information

#### Ingredients

Dorito's Tortilla Chips (26%) (Corn (Maize) Vegetable Oils (Corn, Sunflower, Rapeseed, in varying proportions) Salt). CSBC 10370 Shredded Mozzarella Cheese/**Cheddar Cheese** 70%/30% (25%) (**Mozzarella Cheese** (70%) (**MILK**), **Cheddar Cheese** (30%) (**MILK**), Anti-Caking Agent (Potato Starch)). Set Sour Cream - 1x 5kg (16%) **MILK, Cream (MILK)** (32%), MILK Solids, Corn Starch, Lactic Culture). Supreme Guacamole (16%) (Avocado (82%), Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander.). Uncle Ben's Mexican Salsa Sauce 2 x 2.23 kg (16%) (Tomatoes (47%) Onion (18%) Green Peppers (12%) Tomato Paste (10%) Red Pepper (4.0%) Sugar Vinegar Salt Modified Maize Starch Acid (Lactic Acid) Natural Flavouring Jalapeno Pepper (0.1%) Coriander **Spices** (0.04%) (Contains chilli powder)).

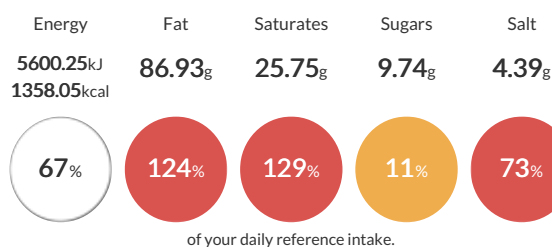
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### Reference Intake

Each serving contains:



### Nutritional Summary

Energy	5600.25kJ 1358.05kCal
Protein	40.59g
Carbohydrates	96.82g
of which sugars	9.74g
Non Milk Extrinsic Sugars	0g
Fat	86.93g
of which saturates	25.75g
Fibre	14.04g
Salt	4.39g
Sodium	0.65g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 -HOT PLATTER FAMILY SHARING

## Ingredients

Product	Quantity
CSBC 10316 Breaded Chicken Goujons (2 x 1kg)	213.00 g
Garlic breaded mushrooms	200.00 g
Speedibake Garlic Slices x150	120.00 g
Battered Onions Greens 20 x 450 g	195.00 g
CSBC 10082 Sticky BBQ Sauce 2.27L	65.00 g
CSBC 10057 Real Mayonnaise 5l	65.00 g
Supreme Guacamole	40.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal

Contains Milk

Contains Eggs

Does Not Contain Peanuts

Does Not Contain Nuts

Does Not Contain Crustaceans

Does Not Contain Mustard

Does Not Contain Fish

Does Not Contain Lupin

Does Not Contain Sesame

Does Not Contain Celery

Contains Soya

Does Not Contain Molluscs

Contains SO<sub>2</sub>

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian

May not be suitable for Vegan

May not be suitable for Kosher

May not be suitable for Halal

## Label Information

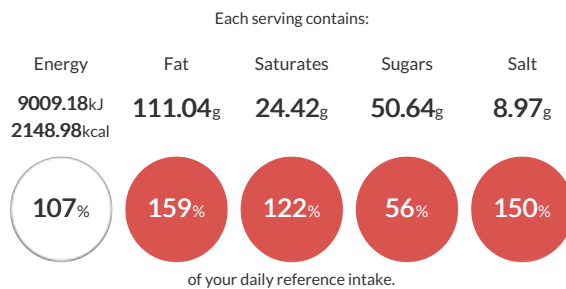
**Ingredients**  
 CSBC 10316 Breaded Chicken Goujons (2 x 1kg) (24%) (Chicken 57%, Water, **WHEAT Flour**, Tapioca Starch, Palm Oil, Salt, Corn Starch, Modified Tapioca Starch (Contains Vegetable Oil (Coconut Oil, Palm Oil, Perilla Oil)), Non-hydrogenated Palm Shortening, Sugar, Yeast, SOYA Flour, Thickeners (Xanthan Gum, Guar Gum), Raising Agents (Disodium Pyrophosphate, Sodium Bicarbonate)). Garlic breaded mushrooms (22%) (Mushroom (51%), **WHEAT flour**, Water, Sunflower oil, Fortified WHEAT flour (**WHEAT flour**, Calcium, Iron, Thiamin, Niacin), Potato starch, EGG albumen, Potato dextrin, Salt, Garlic Powder, Natural flavourings (with MILK elements), Yeast, Onion extract, Raising agents (E450, E500), Black pepper extract). Battered Onions Greens 20 x 450 g (22%) (Onion 57%, **WHEAT flour**, sunflower oil, starch (**WHEAT**, corn, tapioca), salt, gelling agent (E401), dextrose, yeast, sugar, thickeners (E407, E412), raising agents (E450, E500)). Speedibake Garlic Slices x150 (13%) (**WHEAT Flour** (**WHEAT Flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine [Rapeseed Oil, Palm Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Colour (Carotenes)], Water, Garlic Purée (3.0%), Salt, Yeast, Parsley, Flour treatment agent (Ascorbic Acid), **WHEAT Flour**.). CSBC 10082 Sticky BBQ Sauce 2.27L (7%) (Water, Sugar, Tomato Paste, Spirit Vinegar, Glucose-Fructose Syrup, Modified Maize Starch, Bramley Apple Puree (contains Preservative (**SODIUM METABISULPHITE**)), Salt, Apple Juice Concentrate, Acidity Regulator (Acetic Acid), Colour (Ammonia Caramel), Smoke Flavourings, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Paprika, Dried Garlic, Dried Onion, Black Pepper, Cayenne Pepper.). CSBC 10057 Real Mayonnaise 5l (7%) (Rapeseed oil, Water, Spirit Vinegar, Stabilisers (Modified Potato Starch, Xanthan Gum), Sugar, Salt, Pasteurised EGG, Preservative (Potassium sorbate).). Supreme Guacamole (4%) (Avocado (82%), Water, Red Bell Pepper, Jalapeno Puree, Salt, Sugar, Antioxidant (Ascorbic Acid), Onion Powder, Stabiliser (Xanthan Gum), Garlic Powder, Acidity Regulator (Citric Acid), Dehydrated Coriander.).

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## Reference Intake



## Nutritional Summary

Energy	9009.18kJ 2148.98kCal
Protein	59.27g
Carbohydrates	221.07g
of which sugars	50.64g
Non Milk Extrinsic Sugars	0g
Fat	111.04g
of which saturates	24.42g
Fibre	19.39g
Salt	8.97g
Sodium	2.93g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg