



# Recipe Ingredients and Nutrition

## Contents - Burgers

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# 360 - CHEESE AND BACON BURGER

## Ingredients

Product	Quantity
Kara Gourmet Brioche Bun	88.00 g
CSBC10746 - Premium Beef burger 4oz IQF (48x113g)	113.00 g
Sliced Mature Cheddar	20.00 g
A1 Foodservice rindless back bacon 4 x 2.27 Kg with added water 4.5 mm	100.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	Contains Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	May Contain Sesame	Does Not Contain Celery	Contains Soya	Does Not Contain Molluscs	Contains SO2

### Nuts:

Almond Nuts:	No
Hazelnuts:	No
Walnuts:	No
Cashew Nuts:	No
Pecan Nuts:	No
Brazil Nuts:	No
Pistachio Nuts:	No

### Cereals:

Wheat:	Yes
Rye:	May
Spelt:	No
Oats:	May
Barley:	May
Kamut:	No

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

CSBC10746 - Premium Beef burger 4oz IQF (48x113g) (35%) (Beef (97%), Water, **SOYA**, Potato starch, Salt, Dextrose, Hydrolysed Maize Protein, Preservative ( **SODIUM METABISULPHITE**), Antioxidant (Sodium Ascorbate)). A1 Foodservice rindless back bacon 4 x 2.27 Kg with added water 4.5 mm (31%) (Pork 85% Water Salt, Preservatives Sodium Nitrite E250 Potassium Nitrate E252 Antioxidant Sodium Ascorbate E301), Kara Gourmet Brioche Bun (27%) (**Wheat Flour (WHEAT Flour**, Calcium Carbonate, Iron, Niacin, Thiamin), **EGG** (10%), Water, **Unsalted Butter (MILK)** (7%), Sugar, Rapeseed Oil, **EGG White**, Salt, Yeast, Flour Treatment Agent (E300)). Sliced Mature Cheddar (6%) (**MILK**, salt, starter, microbial rennet).

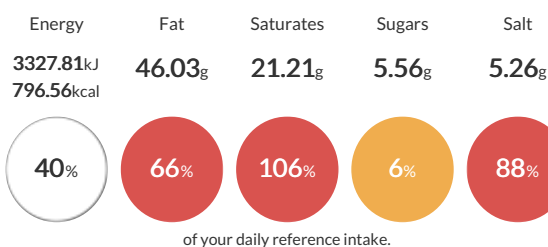
## Method & Recipe Notes

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## Reference Intake

Each serving contains:



## Nutritional Summary

Energy	3327.81kJ 796.56kCal
Protein	50.43g
Carbohydrates	42.89g
of which sugars	5.56g
Non Milk Extrinsic Sugars	0g
Fat	46.03g
of which saturates	21.21g
Fibre	3.05g
Salt	5.26g
Sodium	2.06g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - CHICKEN BURGER

## Ingredients

Product	Quantity
CSBC 10518 American Battered Chicken Fillets	90.00 g
Kara Gourmet Brioche Bun	88.00 g
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	150.00 g
CSBC 10057 Real Mayonnaise 5l	15.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	Contains Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	May Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	May
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	May
Pecan Nuts:	No	Barley:	May
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

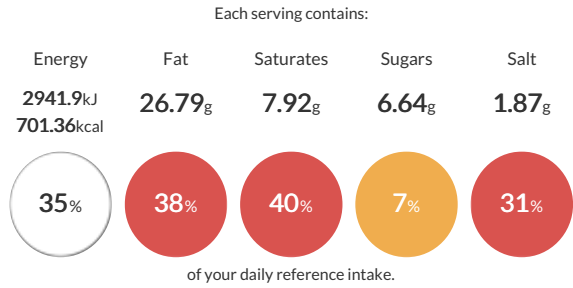
**Ingredients**  
 CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (44%) (Potatoes (97%), Sunflower Oil.). CSBC 10518 American Battered Chicken Fillets (26%) (Chicken Breast (62%), Water, **WHEAT Flour**, Palm Oil, Modified Tapioca Starch, Modified Maize Starch, Sugar, Salt, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Monocalcium Phosphates), Stabiliser (Pentasodium Triphosphate), White Pepper, Onion, Yeast Extract, Garlic, Colour (Paprika Extract), Black Pepper.). Kara Gourmet Brioche Bun (26%) (**Wheat Flour** (**WHEAT Flour**, Calcium Carbonate, Iron, Niacin, Thiamin), **EGG** (10%), Water, **Unsalted Butter** (**MILK**) (7%), Sugar, Rapeseed Oil, **EGG White**, Salt, Yeast, Flour Treatment Agent (E300)). CSBC 10057 Real Mayonnaise 5l (4%) (Rapeseed oil, Water, Spirit Vinegar, Stabilisers (Modified Potato Starch, Xanthan Gum), Sugar, Salt, Pasteurised **EGG**, Preservative (Potassium sorbate)).

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## Reference Intake



## Nutritional Summary

Energy	2941.9kJ 701.36kcal
Protein	25.75g
Carbohydrates	85.88g
of which sugars	6.64g
Non Milk Extrinsic Sugars	0g
Fat	26.79g
of which saturates	7.92g
Fibre	5.75g
Salt	1.87g
Sodium	0.37g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - CLASSIC 360 BEEF BURGER

## Ingredients

Product	Quantity
CSBC10746 - Premium Beef burger 4oz IQF (48x113g)	113.00 g
Kara Gourmet Brioche Bun	88.00 g
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	150.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Contains Cereal	Contains Milk	Contains Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	May Contain Sesame	Does Not Contain Celery	Contains Soya	Does Not Contain Molluscs	Contains SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	Yes
Hazelnuts:	No	Rye:	May
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	May
Pecan Nuts:	No	Barley:	May
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

## Dietary Information

Key: Suitable for

May not be suitable for Vegetarian	May not be suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

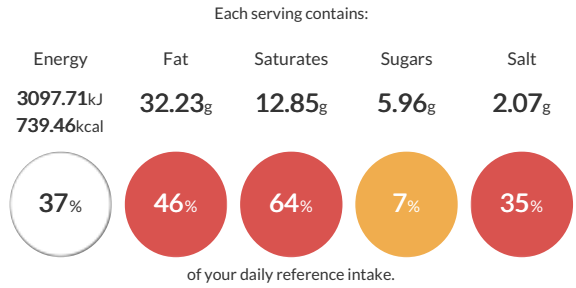
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (43%) (Potatoes (97%), Sunflower Oil). CSBC10746 - Premium Beef burger 4oz IQF (48x113g) (32%) (Beef (97%), Water, **SOYA**, Potato starch, Salt, Dextrose, Hydrolysed Maize Protein, Preservative (**SODIUM METABISULPHITE**), Antioxidant (Sodium Ascorbate)). Kara Gourmet Brioche Bun (25%) (**Wheat Flour (WHEAT Flour**, Calcium Carbonate, Iron, Niacin, Thiamin), **EGG** (10%), Water, **Unsalted Butter (MILK)** (7%), Sugar, Rapeseed Oil, **EGG White**, Salt, Yeast, Flour Treatment Agent (E300)).

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## Reference Intake



## Nutritional Summary

Energy	3097.71kJ 739.46kCal
Protein	32.68g
Carbohydrates	76.59g
of which sugars	5.96g
Non Milk Extrinsic Sugars	0g
Fat	32.23g
of which saturates	12.85g
Fibre	5.7g
Salt	2.07g
Sodium	0.8g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg

# 360 - VEGETARIAN BURGER

## Ingredients

Product	Quantity
Gluten free Vegan Aromatic Garden Burger 20x150g	150.00 g
CSBC 10312 Freeze Chill Straight Cut 12/12 Fries	150.00 g

Serves: 1

## Allergy Information

Key: Contains May Contain

Does Not Contain Cereal	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain SO2

Nuts:		Cereals:	
Almond Nuts:	No	Wheat:	No
Hazelnuts:	No	Rye:	No
Walnuts:	No	Spelt:	No
Cashew Nuts:	No	Oats:	No
Pecan Nuts:	No	Barley:	No
Brazil Nuts:	No	Kamut:	No
Pistachio Nuts:	No		

**Gluten Content:**  
Gluten < 20ppm

## Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal
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## Label Information

### Ingredients

Gluten free Vegan Aromatic Garden Burger 20x150g (50%) (INGREDIENTS: coating (23%) [rice flour, water, gram flour, rapeseed oil, rice flakes, maize starch, maize flour, potato starch, salt, dextrose, parsley, raising agents (450, 500), stabiliser (461)], broad beans (21%), peas (17%), spinach (14%), potato, garlic, rapeseed oil, pea flour, cumin, modified starch (1442), coriander, turmeric, salt, red chilli, black pepper, cinnamon.). CSBC 10312 Freeze Chill Straight Cut 12/12 Fries (50%) (Potatoes (97%), Sunflower Oil.).

## Method & Recipe Notes

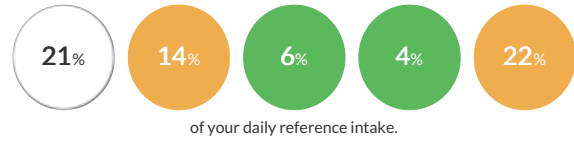
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## Reference Intake

Each serving contains:

Energy	Fat	Saturates	Sugars	Salt
1764kJ 420kcal	9.45g	1.2g	3.3g	1.34g



## Nutritional Summary

Energy	1764kJ 420kCal
Protein	12.75g
Carbohydrates	65.4g
of which sugars	3.3g
Non Milk Extrinsic Sugars	0g
Fat	9.45g
of which saturates	1.2g
Fibre	10.8g
Salt	1.34g
Sodium	0g
Iron	0mg
Calcium	0mg
Zinc	0mg
Folate	0µg
Vitamin A	0µg
Vitamin C	0mg